



532 County Rd. F
Hudson, WI 54016

10-day WILDERNESS FIRST RESPONDER COURSE

Sponsored by the Wilderness Medicine Institute of NOLS *and Your Agency*

DATES: January 7-16 and March 12-21, 2010

COST: \$685.00 Tuition w/ lunches \$890.00 Tuition, ALL Meals and Lodging

LOCATION: Hudson, WI

COURSE DESCRIPTION

Essential for anyone who spends significant time in remote places or who has a professional career in the outdoors, the Wilderness First Responder (WFR) course will prepare you to make difficult medical decisions. This course is fast-paced and engaging. You'll spend half your time outside of the classroom doing hands-on skills and realistic scenarios. In addition to scenarios, you'll participate in a full-scale night mock rescue. WMI's curriculum encompasses a wide range of topics including long-term patient care, wound management, straightening angulated fractures, reducing dislocations, litter packaging and administering medications. You'll complete this course with the tools and confidence to manage patients in the backcountry for multiple days. The intensive 80-hour curriculum is nationally recognized and supported by the Wilderness Medicine Institute's Medical Advisory Panel. You'll be taught by dynamic educators who have practiced both wilderness and urban medicine. This 10-day course is ideal for all professionals operating in remote environments. Adult/child CPR certification is included. The WFR course is pre-approved for 70 hours of EMT CEU's by CECBEMS.

REGISTRATION/POLICIES

A deposit of 50% is required to reserve a space in the course. Tuition balance is due the first day of the course. Payments may be made via checks, with driver's license number, credit card or cash. The tuition fee covers textbooks, syllabus, equipment and certifications. A full refund will be given if we are forced to cancel the course for any reason. Registration form can found at www.campstcroix.org

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course:

- Greater than or equal to 30 days prior to the course starting date, sponsor will retain a \$50.00 administrative fee.
- Within 30 days of the course start date and once the course has begun, tuition is non-refundable and non-transferable.

ATTENDANCE

Students are required to attend all class sessions and field exercises. Review of missed curriculum or examinations is the student's responsibility. Absences may result in a student not receiving a certification. Limited absences for family or medical concerns can sometimes be accommodated. Contact the WMI office for more information or speak with the WMI instructors on site.

Acknowledgment and Assumption of Risks Release and Indemnity Agreement: Please read the enclosed document very carefully as it affects your legal rights. Bring the signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Failure to provide a signed document will result in you not being able to participate in the course. WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.

CLASS FORMAT/ EQUIPMENT

Check in is at 7:45 AM on the first day of the course. Course days run from 8:00am – 5:00pm. Two evening sessions will be scheduled. The format for this 80-hour WFR is classroom lectures integrated with practical scenarios, skills practice sessions, case studies, role-playing and simulated rescues. Attendance is required for all scheduled classes. Scenarios, and practice sessions will take place both inside and outside. Please bring outdoor clothing appropriate for lying on the potentially wet, muddy or snowy, cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. Generally the classroom environment lends itself to a pair of comfy shoes/slipper and a crazy creek-type chair. You will need: a large day pack with multiple layers, water bottle, waterproof tops and bottoms, sturdy boots, head lamp or flashlight and a watch with a second hand. A 4-hour evening, outdoor mock rescue is part of the curriculum, so please dress accordingly.

MEAL and LODGING

YMCA Camp St. Croix is a year-round camp. All meals will be served in our Dining Hall. Lodging will be available in our heated Camper Cabins. Participants are required to bring their own bedding and towels.

CONTINUING EDUCATION COLLEGE CREDIT AND EMT CEUS

The course is pre-approved for three (3) semester hour credits through the University of Utah at a cost of \$200.00. If interested, please check with the instructors on the first day of class for the necessary information.

WMI is proud to be a Continuing Education Coordinating Board for Emergency Medical Services (CECBEMS) accredited organization. Current EMTs are eligible to receive 70 CEU hours for their Wilderness First Responder courses. Please bring a photocopy of your current EMT card(s) with you to your course.

TRAVEL/DIRECTIONS

Camp St. Croix is approximately a 30 minute drive from Mpls/St. Paul International airport. Travel east on I-94 from St. Paul, after crossing the St. Croix River, take Exit #2, Carmichael Road/County Rd F. Turn right (south) on Carmichael Road and follow for 1.5 miles. Camp St. Croix is on the right side shortly after Coulee Road.

PETS ARE NOT ALLOWED AT THE COURSE. THIS INCLUDES LEASHING THEM OUTSIDE. NO EXCEPTIONS. Any student bringing pets to class will be asked to leave class until the pet is safely situated in a kennel or other facility.

NO SMOKING OR ALCOHOL IS ALLOWED ON SITE

I hope this information is helpful. Please contact me with any questions or concerns you may have.

Sue Elmer

YMCA Camp St. Croix

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