

FAQs Croixathlon V

What is the Croixathlon?

The Croixathlon (kroy-ATH-lon) is an annual fundraiser for YMCA Camp St. Croix. It is a Sprint Distance Triathlon (1/3 mile swim, 15 mile bike, 3 mile run). All profits will be donated to Camp St. Croix. The event is chip-timed and, while not officially certified by the USAT, we strictly follow its sanctioning guidelines.

Where is Camp St. Croix?

YMCA Camp St. Croix is located two miles south of Hudson, Wisconsin, on a beautiful 400-acre site overlooking Lake St. Croix. It is at the intersection of County Roads F and FF/Coulee Trail.

What is the race course like?

Beautiful!! The swim is a wave start, rectangle course in the St. Croix River (minimal current). The bike ride is on paved county roads with rolling hills. The event finishes with a run on trails over Camp's property. Trails consist of paved areas, loose gravel and grass paths.

IMPORTANT: The Croixathlon is well-known for the arduous "Beach Path" between the swim and bike legs of the race. This steep and challenging incline brings participants to the main transition area from the river bank. The path is paved, so all participants MUST wear shoes or athletic sandals when ascending the Beach Path.

When is the Croixathlon?

Race start time is Saturday, June 26, 2010, 8:00 am. There will be packet pick up on Friday evening, June 25, from 6:00-9:00pm. Packet pickup will resume at 6:00 am on Saturday's race day. Participants will head to the beach en masse at 7:30- you must have checked in before 7:30 in order to participate.

How much does it cost?

The registration fee is \$79 for individuals and \$140 for any relay team.

OH! Can relay teams participate in the Croixathlon?

Yes! Teams may be made up of two or three members that individually compete in a chosen leg for a combined race time. Note: the team swimmer is the lucky team member who will be required to conquer the beach path.

How do I register?

This year we are offering online registration only, at Zap Event (www.zapevent.com.)

When is the registration deadline?

You may register no later than Wednesday, June 23, 2010, but space is limited so don't delay. Croixathlon is an intimate race by design and we limit participation to 400 people. Once that limit has been met, registration will close. We will post early registration closing at www.campstcroix.org and on zapevent.com.

Is there a minimum age requirement?

Yes. This year, you must be at least 16 years of age to participate. In the future, we hope to expand the age limit to include younger racers.

Are there prizes for the winners?

Awards and prizes are not the focus of the Croixathlon. However, we will announce the winners of each age group and overall winners following the race. There will be a prize for the fastest male and female beach path climbers—the King and Queen of the Hill will receive a prize.

Is there a goodie bag!?

No. In an effort to be green and lean, there are no so-called goodie bags. BUT athletes and volunteers receive a great, 100% cotton T-shirt for participating (men's AND women's cut available) and great refreshments after the race. In addition, our event sponsors **Barker's Bar and Grill** and **San Pedro Café** offer pre- and post-race meal specials for race participants and their families! Some of our sponsors will also be available throughout the race morning with information and promotions for their services.

What's the best way to get there?

From the West or the East:

Take I-94 to exit 2 which is just outside of Hudson, WI. (Exit 2 is County F and Carmichael Road.) Turn south on Carmichael Road and follow for 1.5 miles. Camp St. Croix is on the right side shortly after Coulee Road. (Look for the brown and white St. Croix Environmental Center sign and waving volunteers.) You will be directed to park at the River Crest Elementary School right across the street which connects to camp via an under the road tunnel.

